

Iyengar Yoga Workshop with Dean Lerner

3.23-25, 2018



REQUIRED: Min. 4 months of Iyengar Yoga

FRI	6-8PM	ASANA
SAT	9:30AM-12:30PM	ASANA
	3:30-5:30PM	ASANA & PRANAYAMA
SUN	9:30AM-12:30PM	ASANA

Entire Workshop: \$225

3-hr session: \$65

2-hr session: \$55



Online Registration @ www.seattleyogaryoga.com

Seattle Iyengar Yoga Studio

5309 22nd AVE NW, Suite E, Seattle, WA 98107